

Thin Endy Hair or Thick and Healthy?

A scalp cared for by Cuticura usually means thick, glossy hair. Frequent shampoos with Cuticura Soap are excellent. Precede shampoos by touches of Cuticura Ointment to spots of dandruff, itching and irritation of the scalp. Nothing better for the com-plexion, hair or skin.

Sample Each Free by Mail. Address post-card: "Ceticura, Dept. 14A, Besten." Sold everywhere. Sosp Sc. Ointment 3 and Soc.

URIC ACID IN MEAT

Says a little Salts in water may save you from dread attack.

Rheumatism is easier to avoid than to cure, states a well-knokn authority. We are advised to dress warmly; keep the feet dry; avoid exposure; eat less meat, but drink plenty of good water.

Rheumatism is a direct result of eating too much meat and other rich foods that produce uric acid, which is absorbed into the blood. It is the function of the kidneys to filter this acid from the blood and cast it out in the urine; the pores of the skin are also a means of freeing the blood of this impurity. In damp and chilly cold weather the skin pores are closed, thus forcing the kidneys to do double work, they become weak and sluggish and fail to eliminate the uric acid, which keeps accumulating and circulating through the system, eventually settling in the joints and muscles, causing stiffness, soreness and pain called rheumatism.

called rheumatism.

At the first twinge of rheumatism get from any pharmacy about four ounces of Jad Salts; put a table-spoonful in a glass of water and drink before breakfast each morning for a week. This is said to eliminate uric acid by stimulating the kidneys to normal action, thus ridding the blood of these impurities.

ridding the blood of these impurlites.

Jad Saltz is inexpensive, harmless
and is made from the acid of grapes
and lemon juice, combined with
lithia and is used with excellent
results by thousands of folks who
are subject to rheumatism. Here
you have a pleasant, efferveacent
lithia-water drink, which helps overcome uric acid and is beneficial to
your kidneys as well.

ADVERTISEMENT

"Cure Your Rupture Like I Cured Mine"

Md Sea Captain Cured His Own Rupture After Doctors Said "Operate or Death."

Wis Remady and Rook Sent Pres. Captain Collings sailed the seas for



r Men and Women, You Don't Here Be Cut Up, and You Don't Here To Be Tertured By Trusses."

To Be Testured By Trusses."

Captain Collings made a study of himself, of his condition—and at last he was rewarded by the finding of the method that so quickly made him a well, streng, visorous and happy man.

Anyone can use the same method; it's simple, easy, safe and inexpansive.

Every ruptured person in the world should have the Captain Collings book, telling all about how he cured himself, and how anyone may follow the same treatment in their own home without any trouble. The book and medicine are FREE. They will be sent prepaid to any rupture sufferer who will fill out the below coupon. But send is right gway—new—before you put down this paper.

FREE RUPTURE BOOK AND REMEDY COUPON. Capt. W. A. Collings (Inc.) Box 251-B, Watertown, N. Y. Please send me your FREE Rn lemedy and Book without any ation on my part whatever.

Name Address



Consolidation of the two railway lines of Washington is to receive much attention in the future, owing to general belief that unless this is done, or Congress should take things in hand and order Government ownership, the service will not measure up to what it should despite all the

tion days. One member of the Utili-proceedings, realizing that a merger ties Commission would favor owner-is virtually out of the question until ship if all chance of suffrage in valuations fre determined. Washington were removed. Marked is the tendency to hope that somedecent service without the radical change that Government or munici-pal ownership would bring.

writer that while there ought to be stocks were at one time carried to Government ownership or a merger of the two lines, they saw no legal way by which Congress could compel such a merger. As to Government ownership, they were reluctant to go into it. The merger was the easiest way, as it would reduce salaries, enable rerouting of cars, and bring about a large saving in yearly expenditures the people generally would be bendiffed by improvement of service and particularly in transfers from one lime to another, long a source of irritation in the next two or three months in "In the second place, the Go "In the second pl to another, long a source of irritation under the private double ownership

The legal talent of the two companies—and the staffs of each are large and highly paid—have no idea that the Utilities Comm.ission can compel a merger. Commissioner @Gardiner, long a member of the District bar, proposes to look carefully into all phases of the question to determine if it is true that the commission mine if it is true that the commission does not have this power. He has re-cently found Supreme Court decisions that he will carefully study for the bearing they may have upon the street rallway problems here. Com-missioner Brownlow, although not a lawyer, is thoroughly versed in utility much time to thinking over this question.

upture that soon forced him to ation of the two street car companies she workers on the twenty-two teams are not truss after trus. No sion concluded expert hearings on the The amount raised up to noon yestern to a dangerous valuation of the Washington Railway in the state of the two treets on the twenty-two teams check."

SAVO and Electric Company, and only a few days ago started hearings that permit the company's representatives to put in their claims as to valuation. These hearings will go on for a number of weeks.

Two new features in the campaign of the campaign of the chapter of the company's representatives are to be inaugurated today. One for a first in the rolling section of the city, under Daniel Caldwell, jr., and Benjamin Chapten in "Under Suspicion," and Benjamin Chapten in "The President's Answer;" Saturday, Sessie

Capital Traction lines are nearer being closed, but there is still some teatimony to be taken.

The other is a campaign to be Hayakawa in "Hidden Pearls," and beid in motion picture theaters.

Slides asking subscriptions will be sel."

ADVERTISEMENT

Charming Star in a French Farce



CLARA KIMBALL YOUNG. doctoring that may be done under Who is featured tonight, in "The

Jug: ling For Advantages.

All postabilities of consolidation of the two Mnes in the past have been eliminated by financial juggling for Can a Merger Be Forced?

Prominent Senators who took part in the Senate investigation of the orifer or pass into the hands of ofstrike on the Washington Railway ficials who were not satisfactory, and Electric liens a year ago told this washington. Railway and Electric the best of the worker of the should be sheltered in these houses. To permit the opening up of these properties, however, Congress must grant writer that while there ought to be intocks were at one time carried to for alterations and furnishings.

"In the second place the Government ownership or a merger of high prices so that if a market to be arrived to be available to be sheltered in these houses. To permit the opening up of these properties, A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties, A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties, A careful survey dential properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties, A careful survey dential properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties. A careful survey convinces us that 5,000 people could be sheltered in these houses. To permit the opening up of these properties and the state of the second place and the state of the state of the second place and

Possible Basis for Merger.

The Utilities Commission has re (Emergency Hospital total \$40,000 of countly entered upon the final stages the \$50,000 asked for by the comfort proceedings to determine the value mittee by tonight, will be made by man and Beverly Bayne in "The Braus and Bayn

The point is that within the next shown and speakers will address the two months the valuations of the two audiences.

ADVERTISEMENT

Take Nuxated Iron, Says Doctor, If You Want Plenty of "Stay There" Strength Like An Athlete!

Makes Deliente, Nervous, Run-down People Stronger in Two Weeks' Time in Many Cases. MOST people feelishly seem to think they are going to get renewed health and strength from some stimulating medicine, secret nostrum or narcotic drug, said Dr. E. Sauer, a Boston Physician, who has studied widely,

secret nostrum or parcotic drug, said Dr. E. Sauer, a Boston Physician, who has studied widely, both in this country and in great European Medical Institutions, when, as a fact, real and true strength can only come from the food you eat. But people often fail to get the strength out of their food because they haven't enough iron in their blood to enable it to change food into living matter. From their weakened, nervous condition they know something is wrong, but they can't tell what. If you are not strong or well, you owe if to yourself to make the following test: See how long you can work or how far you can walk without becoming tired. Next take two fivegrain tablets of ordinary nurated iron three times per day after meals for two weeks. Then test your strength again and see for yourself how much you have gained. I have seen dozens of nervous. run-down people, who were alling all the while, most astonishingly increase their strength and endurages simply by taking iron in the proper form and this after they had in some osees been doctoring for

strength and endurages simply by taking iron in the proper form and this after they had in some cases been doctoring for months without obtaining any benefit. But don't take the old forms of reduced iron, iron acctate or tincture of iron simply to save a few cents. You must take iron in a form that can be easily absorbed and assimilated, like nuxated iron, if you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize fighter has won the day simply because he knew the accept of great strength as a contract of great strength as an end. months without obtaining any shenefit. But don't take the old forms of reduced fron, fron acctate or tincture of iron simply to save a few cents. You must take fron in a form and recommended above by Dr. E. Sauer, and that can be easily absorbed and assimilated, like nuxated fron. If you want it to do you any good, otherwise it may prove worse than useless. Many an athlete or prize fighter has swon the day simply because he knew the secret of great strength and entirely satisfactory results to durance which comes from having money. It is dispensed in this city by same plenty of fron in the blood, while many another has gone down to in State and all other druggists.

Will be divided with "The Sign Invisible," an outdoor masterpiece, and "The Other Man," picturing that to do you any good, otherwise one which is well known to druggists every warry more within the or prize fighter has stomach. The manufacturers provided the secret of great strength and entirely satisfactory results to every purchaser or they will return your plenty of fron in the blood, while the other druggists.

LEADER—Sunday and all next week. Gledys Brockwell, in "The Devil's Wheel." glorious defeat simply for the lack of

SUCCESS OF WAR **IS MENACED BY** LACK OF HOUSING

ment clerks will be needed in Wash ington. By December 31 there will be 12,900 more to be housed. Now there are only 4,484 accommodations listed to take care of this army of

These figures have been compiled by Major Z. L. Potter, of the housing and health division of the War Department, and the lack of housing facilities in Washington is a serious menace to the cause of the United States and the allies, he warns. Major Potter told of the difficulties faced by the Government room regis tration bureau before the social serv-ice conference of the Episcopal dio-cese of Washington yesterday. He

Private Capital Shirks.

"Even granting that this bureau

"The only solution lies in Congres-

Government Must Act. "In the first place, the Government should take over and open up as that might accrue to boarding houses existing vacant rest-

For Next Week

also play a part. If a merger is possible, the next two or three months will demonstrate definitely what the intentions of street railway interests in Washington are.

SFFK TOOBTAN

CFFK TOOBTAN

CFFK TOOBTAN

CFFK TOOBTAN

COLUMN AND COLUMN OLYMPIC-Sunday, Mabel Normand "Dodging a Million." Monday, Der-

KNICKERBOCKER — Sunday and Monday, Clara Kimball Young in "The House of Glass," and Benjamin Chapin in "The President's Answer." Tuesday, Elsie Ferguson in Song of Songs." Wednesday and Thursday, Mae March in "The Beloved Traitor" Friday and Saturday, William S. Hart in "Blue Blazes Rawden."

CASINO Starting Sunday and all week, D. W. Griffith's Original Production, "The Birth of a Nation." CRANDALL'S Sunday and Monday,

SAVOY-Sunday and Monday, Mary Pickford in "Stella Maria;" Tuesday, Elsia Ferguson in "Rose of the

APOLLO-Sunday and Monday Mary Pickford in "Stella Maris; Mary Pickford in "Stella Maris; Tuesday, Ethel Clayton in "Broket Wednesday, Madge Kennedy in "Our Little Wife;" Thursday, Dor-othy Dalton in "Flare Up Sal;" Fri-day, Francis X. Bushman and Beverly Bayne in "Under Suspicion," and Benjamin Chapin in "The President's Answer;" Saturday, Julian Eltinge in "The Widow's Might."

AVENUE GRAND-Sunday and AVENUE GRAND—Sunday and Monday Clara Kimball Young in "The Marionettes." Tuesday Viola Dana in "The Winding Trail." Wednesday, Dorothy Dalton in "Flare-up Sal." Thursday, Pauline Frederick in "Madam Jealousy." Friday, Carlyle Blackwell in "His Royal Highness." and Benjamin Chapin in "The Presi dent's Answer." Saturday Wallace Reid and Kathryn Williams in "The Things We Love," and a Keystone comedy, "His Disguised Passion."

AMERICAN-Sunday Francis X Bushman and Beverly Bayne in "Un-der Suspicion." Monday Taylor Holmes in "Uneasy Money." Tuesday Earle Williams in "His Mother's Sin." Wednesday Alice Brady in "Woman and Wife." Thursday Ethel Clayton in "Whims of Society." Friday Ella Hall in "The Charmer" and Polly Moran in "Taming Target Center." Saturday, Charles Ray in "His Moth er's Son," and Renjamin Chaple in "The President's Answer."

HOME-Sunday Alice Brady In "Her Silent Sacrifice." CIRCLE-Sunday Elsie Ferguson in

The Rose of the World." STRAND-Sunday, Monday and Tuesday, J. Warren Kerrigan, in "The Turn of a Card." Wednesday. "The Turn of a Card." Thursday, Friday and Saturd Frank Keegan, in "Loaded Dice." GARDEN Next week's program will be divided with "The Sign In-

ment must provide, either directly or by loans to private builders, housing accommodations for 16,900 people. This will require an appropriation of several millions of dollars.

"Some of these accommodations should be ready by June 1, and when one considers that it takes four months to build permanent structures and two months to build-even tempo-rary dormitories, it is evident that the rary dormitories, it is evident that the matter needs to be given consideration at the earliest possible date. Unless it does receive such consideration, there is every reason to fear that the nation will be held up in the development of its war program."

a year, and more for the lieutenants

TO AID SEAPLANE

Plans for combating the under-water terror of the submarine from the air as well as from the decks of

destroyers are well under way. A fighting seaplane, equipped with two Liberty motors, has been receiving tryouts, and has proved satisfactory in the extrame, according to aviators and officials here. Now that the model has been approved, it is expected that they will be produced in quantity in the factories in

Capitol police are up in arms because they say they aren't getting enough pay.

They demand a flat salary of \$1.440 equipment of two motors is expected. to give to each plane a tractive force of 700 horsepower.

The giving of higher power to

DESTROYER BUILDING TO BE SPEEDED UP

Although the warship-building pro- it is gram has been carried forward at a even speed exceeded by few war preparation agencies, even greater speed is in prospect. Secretary of the Navy Paniels today conferred with shippard

Count Fifty! No Rheumatic Pain

Don't suffer! Instant relief follows a rubbing with old "St. Jacobs Liniment."

Stop "dosing" rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Ja-cobs Liniment" right on the "tender cobs Liniment" right on the "tender spot," and by the time you say Jack Robinson—out comes the rheumatic pain and distress. "St. Jacobs Liniment" conquers pain! It is a harmless rheumatism liniment which never disappoints and doesn't burn the skin. It takes pain, soreness, and stiffness from aching joints, muscles and bones; stops sciatica lumbago, backache, neuralgia, and reduces swelling.

Limber up! Get a small trial bottle of old-time, honest "St. Jacobs Liniment" from any drug store, and in a moment you'll be free from pains, aches and stiffness. Don't suffer! Rub rheumatism away.

officials and navy bureau chiefs

All records in putting new destroy ors into the water have been broke by the ship yards of the United State since the nation entered the war, by it is understood means of obtain even greater speed are being

Hard To Save Money

do anything that is worth EASY THINGS

are not worth doing. but after all it is the people who faithfully do the hard things that really amount to something in this world. Start Saving Today and keep it up even if it is

hard. It is worth it! SECURITY BANK

Cor. 9th and G St Interest on Savings



Three Reasons why every woman says: Wonderful for blouses!

"So easy—
m rubbing!"

blouses!

"Her it really been laundered? It lasts
like new."



ONCE upon a time, in the dark and Lux-less days, there were Two Kinds of Blouses.First,your

Everyday Blouses. You hated those. They were homely and heavy, and plain so they could stand hard washing. No dainty colorings. No lacy trimmings. No flimsy materials. Then, your Dainty Blouses. Those you treasured, and you wore them very, very seldom and very, very carefully. When they were soiled, youlsent them away to the Cleaner's, waited for them, and paid for them All Over Again!

Now, how different it is!

Every woman wears the daintiest, prettiest, flimsiest things for everyday wear. Why not, when she can wash them again and again and keep them new with never a bit of rubbing!

Rubbing ruins dainty things

Rubbing cake soap on materials, then rubbing again to get the dirt out, is the old-fashioned laborious way of washing. It was hard on you and hard on your

Try the Lux way. No rubbing! Just dipping the flimsiest blouse up and down in the wonderful rich Lux suds, then having it new and shimmering again.

Lux comes in delicate white flakes in which there is more real cleansing value than is possible in any other form of soap. You drop them into hot water and whisk them immediately into the foamiest, bubbly lather. Add cold water to make the suds lukewarm, then in goes the blouse!

Let your Daintiest Blouses be your Everyday Blouses. It's so easy with Lux.



THAT is the beauty of Lux. It is so I very quick and easy. In an almost unbelievably short time you can transform anything which is limp and dingy into a refreshing, dainty garment.

Who thinks of waiting, nowadays, from Monday to Wednesday for her blouse to be laundered? Never!

For blouses, Lux is wonderful. You simply pop your blouse in the warm Lux suds and have it out again after a few minutes' soaking and sloshing about in the thick bubbly lather.

Try washing your woolly sweater and your soft new blankets in Lux. You would never believe that they could be done so quickly, so perfectly and so easily.

Try Lux for all these things Fine linens Children's finethings

Babies' woolens

Sweaters

Blankets

Fine laces Lace curtains Silk hangings Georgette, Crepe de Chine and wash-able Satin blouses

Silk stockings Silk Underwear Collars and cuffs Chiffon blouses Corduroy skirts Chinchilla coats Lingerie waists and

Washable gloves Lux will not harm anything that pure water alone will not injure



pretty new blouse that you are wearing. Said the Poor Girl, "This blouse is not new. I have had it for a year."

"But, my dear, it has never been laundered!

"Oh, but it has - time and again - with my own hands. The secret is Lux. Lux simply charms the soil and dinginess away. It makes my blouse look like new every time it is laundered."

And this is the story of every woman who has ever used Lux. The Lux way of washing gives you results that you would never have dreamed possible in the old days of Vigorous Rubbing. You can have the daintiest things and have them long.

Try Lux just once

Every woman who has tried Lux is soon telling other women that she has at last found the ideal soap product for all fine laundering. Every woman tries Lux for dozens of things she never before would dream of trusting to soap and water.

Try Lux yourself. Your grocer, druggist or department store has it. Lever Bros. Co., Cambridge, Mass.



